

| Pl | Name | Nat | Time | Diff. |
|------------------------------------|----------------------|-----|---------|----------|
| M10A (7) 2.3 km 65 m 13 C | | | | |
| 1 | James Wright | NZL | 15:35 | 0:00 |
| 2 | Harry Borton | NZL | 17:33 | +1:58 |
| 3 | Leo Croxford | NZL | 20:38 | +5:03 |
| 4 | Max Franks | NZL | 23:57 | +8:22 |
| 5 | Will Enkelaar | AUS | 24:11 | +8:36 |
| 6 | Nicholas Freeman | NZL | 24:17 | +8:42 |
| 7 | Isaac Lam | NZL | 28:32 | +12:57 |
| M12A (10) 2.7 km 80 m 12 C | | | | |
| 1 | Riley Croxford | NZL | 21:06 | 0:00 |
| 2 | Topias Muukkonen | FIN | 21:53 | +0:47 |
| 3 | Liam Dufty | AUS | 24:58 | +3:52 |
| 4 | Matt Crawford | NZL | 31:18 | +10:12 |
| 5 | Flynn Hunter | NZL | 32:30 | +11:24 |
| 6 | Oliver Mcfarlane | AUS | 36:42 | +15:36 |
| 7 | Aidan Guinness | AUS | 40:13 | +19:07 |
| 8 | Charlie Frater | NZL | 45:36 | +24:30 |
| 9 | Adam Baker | NZL | 47:55 | +26:49 |
| | Rasmus Koponen | FIN | mp | |
| M14A (25) 3.8 km 145 m 15 C | | | | |
| 1 | Alvin Craig | AUS | 31:47 | 0:00 |
| 2 | Matias Koponen | FIN | 35:49 | +4:02 |
| 3 | Matt Harding | NZL | 39:50 | +8:03 |
| 4 | Ryan Moore | NZL | 43:06 | +11:19 |
| 5 | Zefa Faavae | NZL | 44:46 | +12:59 |
| 6 | Fabien Devaud | NCL | 47:26 | +15:39 |
| 7 | Torren Arthur | AUS | 47:48 | +16:01 |
| 8 | Campbell Syme | NZL | 51:02 | +19:15 |
| 9 | Olaf Baker | NZL | 54:31 | +22:44 |
| 10 | Angus Steven | NZL | 54:57 | +23:10 |
| 11 | Alan Teesdale | NZL | 58:11 | +26:24 |
| 12 | Matthew Greenwood | NZL | 58:34 | +26:47 |
| 13 | Cayleb Fidge | AUS | 58:55 | +27:08 |
| 14 | Caleb Browne | NZL | 1:02:09 | +30:22 |
| 15 | Moss Pelvin | NZL | 1:06:03 | +34:16 |
| 16 | Simon Bond | NZL | 1:11:00 | +39:13 |
| 17 | Riley Mcfarlane | AUS | 1:11:53 | +40:06 |
| 18 | Tim Crawford | NZL | 1:26:47 | +55:00 |
| 19 | Patrick Shelton Agar | AUS | 1:33:07 | +1:01:20 |
| 20 | Nathan Borton | NZL | 1:48:21 | +1:16:34 |
| 21 | Cheuk Hei Lum | HKG | 2:01:09 | +1:29:22 |
| 22 | Chun On Chan | HKG | 2:05:41 | +1:33:54 |
| | Oliver Edwards | NZL | mp | |
| | Toby Cazzolato | AUS | mp | |
| | Angus Syminton | NZL | dns | |
| M16A (34) 5.2 km 210 m 20 C | | | | |
| 1 | Will Tidswell | NZL | 49:55 | 0:00 |
| 2 | Noah Poland | AUS | 51:07 | +1:12 |
| 3 | Tristan Miller | AUS | 53:29 | +3:34 |

| Pl | Name | Nat | Time | Diff. |
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| M16A (34) | | | 5.2 km 210 m 20 C | |
| 4 | Tom Harding | NZL | 54:51 | +4:56 |
| 5 | Liam Stolberger | NZL | 56:41 | +6:46 |
| 6 | Oak Jones | NZL | 57:26 | +7:31 |
| 7 | Joshua Allen | AUS | 59:15 | +9:20 |
| 8 | Dante Afran | AUS | 59:48 | +9:53 |
| 9 | Alex Monckton | NZL | 1:02:50 | +12:55 |
| 10 | Jensen Key | AUS | 1:03:25 | +13:30 |
| 11 | Ronan Lee | NZL | 1:03:37 | +13:42 |
| 12 | Isaac Egan | NZL | 1:04:59 | +15:04 |
| 13 | Jaiden Fidge | AUS | 1:09:36 | +19:41 |
| 14 | Andrew Kerr | AUS | 1:09:50 | +19:55 |
| 15 | Ryan Gray | AUS | 1:12:14 | +22:19 |
| 16 | Kieran Edwards | NZL | 1:15:28 | +25:33 |
| 17 | Alexander Battaglia | AUS | 1:17:02 | +27:07 |
| 18 | Patrick Hayes | NZL | 1:18:59 | +29:04 |
| 19 | Mason Arthur | AUS | 1:26:04 | +36:09 |
| 20 | Jamal Murray | NZL | 1:32:47 | +42:52 |
| 21 | Ewan Shingler | AUS | 1:36:10 | +46:15 |
| 22 | Cameron Bonar | NZL | 1:36:50 | +46:55 |
| 23 | Jason Chan | HKG | 1:39:57 | +50:02 |
| 24 | Dexter Canning | AUS | 1:48:12 | +58:17 |
| 25 | Tom Kennedy | AUS | 1:54:51 | +1:04:56 |
| 26 | Ethan Penck | AUS | 1:56:54 | +1:06:59 |
| 27 | Tomas Calderon | NZL | 1:58:20 | +1:08:25 |
| 28 | Ollie Bixley | NZL | 2:09:32 | +1:19:37 |
| 29 | Tama Hoare | NZL | 3:03:59 | +2:14:04 |
| | Sebastian Safka | NZL | mp | |
| | Jason Bond | NZL | mp | |
| | Braeden Kommeren | NZL | mp | |
| | Hubert Yam | HKG | mp | |
| | Ben Hobson | AUS | dns | |

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| M18A (26) | | | 6.7 km 285 m 22 C | |
| 1 | Aston Key | AUS | 59:01 | 0:00 |
| 2 | Daniel Monckton | NZL | 1:11:38 | +12:37 |
| 3 | Patrick Miller | AUS | 1:13:50 | +14:49 |
| 4 | Calum Sutherland | NZL | 1:18:30 | +19:29 |
| 5 | Alastair George | AUS | 1:21:09 | +22:08 |
| 6 | Ryan Williams | NZL | 1:23:44 | +24:43 |
| 7 | Andrei Popovici | NZL | 1:26:32 | +27:31 |
| 8 | Duncan Currie | AUS | 1:33:55 | +34:54 |
| 9 | Dominic Cleary | NZL | 1:36:49 | +37:48 |
| 10 | Liam Thompson | NZL | 1:39:46 | +40:45 |
| 11 | Jed Fleming | AUS | 1:45:11 | +46:10 |
| 12 | Jimmy Cameron | AUS | 1:45:56 | +46:55 |
| 13 | Daniel Gray | AUS | 1:55:09 | +56:08 |
| 14 | Mark Glanville | AUS | 1:56:15 | +57:14 |
| 15 | Angus Haines | AUS | 2:01:57 | +1:02:56 |
| 16 | Jason Wong | HKG | 2:08:03 | +1:09:02 |
| 17 | Johann Burgess | AUS | 2:08:24 | +1:09:23 |
| 18 | George Engleback | NZL | 2:15:41 | +1:16:40 |
| 19 | William Hayes | NZL | 2:28:22 | +1:29:21 |
| | Glenn James | AUS | mp | |

| Pl | Name | Nat | Time | Diff. |
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| M18A (26) | | | 6.7 km 285 m 22 C | |
| | Ray Leung | HKG | mp | |
| | Chun Hang Chan | HKG | mp | |
| | Scott Carswell | NZL | dnf | |
| | Jonathan So | HKG | dnf | |
| | Mika Hill | NZL | dns | |
| | Max Dalheim | AUS | dns | |
| M20A (32) | | | 8.7 km 330 m 27 C | |
| 1 | Cameron De L'Isle | NZL | 1:10:01 | 0:00 |
| 2 | Florian Attinger | SUI | 1:10:51 | +0:50 |
| 3 | Devon Beckman | NZL | 1:12:25 | +2:24 |
| 4 | Nick Smith | NZL | 1:16:09 | +6:08 |
| 5 | Tommy Hayes | NZL | 1:16:33 | +6:32 |
| 6 | Callum Herries | NZL | 1:18:24 | +8:23 |
| 7 | Jarraah Day | AUS | 1:19:06 | +9:05 |
| 8 | Toby Wilson | AUS | 1:21:37 | +11:36 |
| 9 | Ed Cory-Wright | NZL | 1:21:48 | +11:47 |
| 10 | Joseph Dickinson | AUS | 1:27:25 | +17:24 |
| 11 | Max Griffiths | NZL | 1:29:00 | +18:59 |
| 12 | Callum Cleary | NZL | 1:29:27 | +19:26 |
| 13 | Jack Neumann | AUS | 1:31:04 | +21:03 |
| 14 | Stephen Harding | NZL | 1:32:44 | +22:43 |
| 15 | Tom Campbell | SWE | 1:35:52 | +25:51 |
| 16 | Thomas Stolberger | NZL | 1:39:30 | +29:29 |
| 17 | James Crosby | NZL | 1:45:06 | +35:05 |
| 18 | Oliver Egan | NZL | 1:45:46 | +35:45 |
| 19 | Ewan Barnett | AUS | 1:48:25 | +38:24 |
| 20 | Peter Collins | AUS | 1:58:21 | +48:20 |
| 21 | Riley De Jong | AUS | 2:09:08 | +59:07 |
| 22 | Ciaran Lane | AUS | 2:11:55 | +1:01:54 |
| 23 | Stephen Melhuish | AUS | 2:12:03 | +1:02:02 |
| 24 | Tsz Fung Yu | HKG | 2:18:14 | +1:08:13 |
| 25 | Lachlan Cherry | AUS | 2:19:48 | +1:09:47 |
| 26 | Felix Harrison | NZL | 2:23:03 | +1:13:02 |
| 27 | Nicholas Congedi | AUS | 2:23:49 | +1:13:48 |
| 28 | Klinsman Chu | HKG | 2:49:31 | +1:39:30 |
| 29 | Sam Middleton | NZL | 2:55:58 | +1:45:57 |
| | Simeon Burrill | AUS | mp | |
| | Connor Cleary | NZL | mp | |
| | Oliver Mill | AUS | dns | |
| M20B (3) | | | 3.8 km 145 m 15 C | |
| 1 | Sam Hewitt | NZL | 51:40 | 0:00 |
| 2 | William Steel | NZL | 1:24:08 | +32:28 |
| | Jakob Doyle | AUS | dns | |
| M21A (15) | | | 8.1 km 315 m 24 C | |
| 1 | Cédric Dedieu | NCL | 1:56:24 | 0:00 |
| 2 | Andrew Peat | NZL | 1:56:54 | +0:30 |
| 3 | Ashlay Nankervis | AUS | 1:57:12 | +0:48 |
| 4 | Dieter Wolf | SUI | 1:59:44 | +3:20 |

| Pl | Name | Nat | Time | Diff. |
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| M21A (15) 8.1 km 315 m 24 C | | | | |
| 5 | Simon Teesdale | NZL | 2:07:07 | +10:43 |
| 6 | Richard Greatrex | NZL | 2:12:07 | +15:43 |
| 7 | Stuart Engleback | NZL | 2:17:43 | +21:19 |
| 8 | Mathieu Landrieu | NCL | 2:30:29 | +34:05 |
| 9 | Daniel Del Dot | AUS | 2:38:11 | +41:47 |
| 10 | Guillaume Dréau | NCL | 2:52:12 | +55:48 |
| 11 | Christophe Chazalmartin | NCL | 3:08:21 | +1:11:57 |
| | Mikkel Kaae-Nielsen | DEN | mp | |
| | Nicholas Collins | AUS | dnf | |
| | Herman Mooij | NED | dnf | |
| | Daniel Antonio Pereira | HKG | dnf | |
| M21AS (11) 5.8 km 240 m 20 C | | | | |
| 1 | Scott Mcdonald | NZL | 1:03:21 | 0:00 |
| 2 | James Watson | NZL | 1:06:40 | +3:19 |
| 3 | Simon Jager | NZL | 1:16:40 | +13:19 |
| 4 | Simon Addison | NZL | 1:18:42 | +15:21 |
| 5 | Andrew Slattery | AUS | 1:39:26 | +36:05 |
| 6 | Hamish Prosser | AUS | 1:56:26 | +53:05 |
| 7 | Jose Zapata | AUS | 2:11:12 | +1:07:51 |
| 8 | Robert D'Ascenzo | AUS | 2:28:06 | +1:24:45 |
| 9 | Odin Linga | NOR | 3:40:49 | +2:37:28 |
| | Alex Kennedy | AUS | mp | |
| | Chris Fitzgerald | AUS | dnf | |
| M21B (2) 3.8 km 145 m 15 C | | | | |
| 1 | Andrew Hobson | AUS | 1:00:30 | 0:00 |
| 2 | Aidan Mayall | AUS | 1:36:18 | +35:48 |
| M21E (54) 13.2 km 440 m 37 C | | | | |
| 1 | Gene Beveridge | NZL | 1:31:49 | 0:00 |
| 2 | Matt Ogden | NZL | 1:34:12 | +2:23 |
| 3 | Simon Uppill | AUS | 1:36:45 | +4:56 |
| 4 | Chris Forne | NZL | 1:39:48 | +7:59 |
| 5 | Matthew Crane | AUS | 1:46:30 | +14:41 |
| 6 | Cameron Tier | NZL | 1:49:51 | +18:02 |
| 7 | Tomas Krajca | AUS | 1:53:03 | +21:14 |
| 8 | Thomas Reynolds | NZL | 1:56:41 | +24:52 |
| 9 | Brodie Nankervis | AUS | 1:58:25 | +26:36 |
| 10 | Alistair Richardson | NZL | 1:58:47 | +26:58 |
| 11 | Brent Edwards | NZL | 2:00:08 | +28:19 |
| 12 | Karl Dravitzki | NZL | 2:00:41 | +28:52 |
| 13 | Andrew Barnett | AUS | 2:03:51 | +32:02 |
| 14 | Kerrin Rattray | AUS | 2:04:39 | +32:50 |
| 15 | Jamie Stewart | NZL | 2:06:53 | +35:04 |
| 16 | Jonty Oram | NZL | 2:10:55 | +39:06 |
| 17 | Ian Lawford | AUS | 2:14:49 | +43:00 |
| 18 | Matt Goodall | NZL | 2:16:54 | +45:05 |
| 19 | Itay Manor | ISR | 2:21:48 | +49:59 |
| 20 | Jacob Lindstam | AUS | 2:23:37 | +51:48 |
| 21 | Felix Späth | GER | 2:24:04 | +52:15 |

| Pl | Name | Nat | Time | Diff. |
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| M21E (54) | | | 13.2 km 440 m 37 C | |
| 22 | Kin Wai Lee | HKG | 2:33:24 | +1:01:35 |
| 23 | David Brownridge | AUS | 2:35:58 | +1:04:09 |
| 24 | Rob Bennett | AUS | 2:36:38 | +1:04:49 |
| 25 | Tom Spencer | NZL | 2:37:14 | +1:05:25 |
| 26 | Atte Lahtinen | AUS | 2:40:06 | +1:08:17 |
| 27 | Anatoly Kulikov | AUS | 2:41:14 | +1:09:25 |
| 28 | John Nieuwenhoven | AUS | 2:46:00 | +1:14:11 |
| 29 | Brian Poon | HKG | 2:46:45 | +1:14:56 |
| 30 | Tsz Wai Yu | HKG | 2:48:52 | +1:17:03 |
| 31 | Andrew Brown | AUS | 2:50:39 | +1:18:50 |
| 32 | Philipp Haider | AUT | 2:51:23 | +1:19:34 |
| 33 | Siu Tung Hui | HKG | 2:57:03 | +1:25:14 |
| 34 | Sam Choi Lam | HKG | 3:03:45 | +1:31:56 |
| 35 | Andrew Hill | AUS | 3:06:40 | +1:34:51 |
| 36 | Wing Chung Tam | HKG | 3:18:23 | +1:46:34 |
| 37 | Chit Hei Shiu | HKG | 3:47:28 | +2:15:39 |
| 38 | Ka Ching Lam | HKG | 4:10:51 | +2:39:02 |
| 39 | Jeremy Colgan | USA | 4:24:18 | +2:52:29 |
| 40 | Darius Konotopetz | CAN | 5:01:22 | +3:29:33 |
| | David Lingfors | SWE | mp | |
| | Chi Kin Man | HKG | mp | |
| | Lok Hin Ma | HKG | mp | |
| | Chun Ho Li | HKG | mp | |
| | Kwok Keung Yeung | HKG | mp | |
| | David Shepherd | AUS | dnf | |
| | Ross Morrison | NZL | dnf | |
| | Petteri Muukkonen | FIN | dnf | |
| | Leon Keely | AUS | dnf | |
| | Feliciano Pawlowski | SUI | dnf | |
| | Ieuan Edmonds | NZL | dnf | |
| | Chi Ko Abdon Cheung | HKG | dnf | |
| | Kwok Wai Choy | HKG | dnf | |
| | Gerald Yip | HKG | dnf | |
| M35A (14) | | | 8.7 km 330 m 27 C | |
| 1 | Radek Laciga | CZE | 1:19:34 | 0:00 |
| 2 | Greg Flynn | NZL | 1:30:11 | +10:37 |
| 3 | Aaron Prince | NZL | 1:31:41 | +12:07 |
| 4 | Fraser Mills | NZL | 1:37:09 | +17:35 |
| 5 | Peter Hobbs | AUS | 2:03:00 | +43:26 |
| 6 | Dion Mckenzie | AUS | 2:04:28 | +44:54 |
| 7 | Matthew Patten | AUS | 2:06:51 | +47:17 |
| 8 | Matthew Cohen | AUS | 2:09:28 | +49:54 |
| 9 | Magnus Bengtsson | NZL | 2:23:35 | +1:04:01 |
| 10 | Tuomas Hakkarainen | FIN | 2:50:07 | +1:30:33 |
| 11 | Vitali Tulchinski | CAN | 3:06:06 | +1:46:32 |
| 12 | Christian Wennecke | DEN | 3:44:47 | +2:25:13 |
| 13 | Hing Shing Chu | HKG | 4:56:31 | +3:36:57 |
| | Jamie Munro | NZL | dnf | |

| Pl | Name | Nat | Time | Diff. |
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| M35AS (4) 5.2 km 210 m 20 C | | | | |
| 1 | Damien Enderby | AUS | 2:00:05 | 0:00 |
| 2 | Tim Wardrop | AUS | 2:17:52 | +17:47 |
| 3 | Roger Woodroofe | NZL | 2:33:45 | +33:40 |
| 4 | Kelly Barrett | AUS | 2:57:01 | +56:56 |
| M40A (19) 7.5 km 330 m 23 C | | | | |
| 1 | Bruce Arthur | AUS | 1:05:10 | 0:00 |
| 2 | Neil Kerrison | NZL | 1:12:25 | +7:15 |
| 3 | Nick Harris | NZL | 1:19:06 | +13:56 |
| 4 | Simon Rouse | NZL | 1:26:17 | +21:07 |
| 5 | Michael Adams | NZL | 1:27:20 | +22:10 |
| 6 | Tim Wright | NZL | 1:29:22 | +24:12 |
| 7 | Blair Trewin | AUS | 1:29:24 | +24:14 |
| 8 | Ville Koponen | FIN | 1:32:44 | +27:34 |
| 9 | Dennis Wakefield | NZL | 1:41:37 | +36:27 |
| 10 | Ben Rattray | AUS | 1:43:47 | +38:37 |
| 11 | Graham Braid | AUS | 1:47:42 | +42:32 |
| 12 | Craig Pelvin | NZL | 1:48:09 | +42:59 |
| 13 | Jonathan Campbell | USA | 1:54:50 | +49:40 |
| 14 | Greg Thurlow | NZL | 1:55:51 | +50:41 |
| 15 | Michael Croxford | NZL | 2:00:37 | +55:27 |
| 16 | Robert Murphy | NZL | 2:08:13 | +1:03:03 |
| 17 | Chi Ming Chung | HKG | 2:25:50 | +1:20:40 |
| | Chan Takfung | HKG | dnf | |
| | Paul Borton | NZL | dnf | |
| M45A (38) 6.7 km 285 m 22 C | | | | |
| 1 | Darren Ashmore | NZL | 55:54 | 0:00 |
| 2 | Carsten Joergensen | NZL | 1:00:42 | +4:48 |
| 3 | Craig Dufty | AUS | 1:09:41 | +13:47 |
| 4 | Scott Simson | AUS | 1:16:24 | +20:30 |
| 5 | Stephen Craig | AUS | 1:18:49 | +22:55 |
| 6 | Itsuki Kunisawa | JPN | 1:22:31 | +26:37 |
| 7 | Mark Lawson | NZL | 1:23:49 | +27:55 |
| 8 | Rolf Boswell | NZL | 1:24:55 | +29:01 |
| 9 | Eric Morris | AUS | 1:30:22 | +34:28 |
| 10 | Øyvind Stokseth | NOR | 1:30:40 | +34:46 |
| 11 | Christian Wehrli | SUI | 1:33:30 | +37:36 |
| 12 | Bruce Steven | NZL | 1:36:06 | +40:12 |
| 13 | Nathan Faavae | NZL | 1:36:20 | +40:26 |
| 14 | Andrew Cameron | AUS | 1:40:44 | +44:50 |
| 15 | Matt Bixley | NZL | 1:50:21 | +54:27 |
| 16 | Nathan Guinness | AUS | 1:50:29 | +54:35 |
| 17 | William Power | NZL | 1:56:23 | +1:00:29 |
| 18 | Dave Crofts | NZL | 2:01:46 | +1:05:52 |
| 19 | Laurent Devaud | NCL | 2:04:31 | +1:08:37 |
| 20 | Paul Enkelaar | AUS | 2:08:51 | +1:12:57 |
| 21 | Mark Frater | NZL | 2:11:47 | +1:15:53 |
| 22 | Dion Keech | AUS | 2:18:01 | +1:22:07 |
| 23 | Peter Miller | AUS | 2:18:32 | +1:22:38 |
| 24 | Philip Elworthy | NZL | 2:19:24 | +1:23:30 |
| 25 | David Stewart | NZL | 2:29:23 | +1:33:29 |
| 26 | Ben Cazzolato | AUS | 2:32:43 | +1:36:49 |

| Pl | Name | Nat | Time | Diff. |
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| M45A (38) | | | 6.7 km 285 m 22 C | |
| 27 | Laurent Maillot | NCL | 2:35:44 | +1:39:50 |
| 28 | Sean Bardsley | NZL | 2:36:25 | +1:40:31 |
| 29 | Ionel Popovici | NZL | 2:49:48 | +1:53:54 |
| 30 | Neil Murray | NZL | 2:53:15 | +1:57:21 |
| 31 | Ellis Lam | NZL | 2:57:20 | +2:01:26 |
| 32 | Xiaoping Tan | CHN | 3:59:08 | +3:03:14 |
| | Lionel Quenet | FRA | mp | |
| | Stefan Ruch | SUI | mp | |
| | Ross Syminton | NZL | mp | |
| | Sun Yu Tse | HKG | dnf | |
| | Richard Renoult | NCL | dnf | |
| | Shane Doyle | AUS | dns | |
| M45AS (17) | | | 4.6 km 195 m 15 C | |
| 1 | Brenton Gray | AUS | 1:22:03 | 0:00 |
| 2 | Pekka Siirilä | FIN | 1:36:41 | +14:38 |
| 3 | Jean-Paul Mauduit | FRA | 1:37:17 | +15:14 |
| 4 | Greg Edmonds | NZL | 1:54:42 | +32:39 |
| 5 | Isaac Wong | HKG | 1:58:17 | +36:14 |
| 6 | Jean-Olivier Greffe | NCL | 2:08:15 | +46:12 |
| 7 | Bruce Worsley | NZL | 2:09:40 | +47:37 |
| 8 | Brendan Henry | AUS | 2:10:21 | +48:18 |
| 9 | Darren Eenjes | AUS | 2:22:49 | +1:00:46 |
| 10 | Murray Franks | NZL | 2:26:14 | +1:04:11 |
| 11 | David Middleton | NZL | 2:27:42 | +1:05:39 |
| | Jp Cochereau | NCL | mp | |
| | Andrey Pavlov | RUS | dnf | |
| | Sami Siirilä | FIN | dnf | |
| | Craig Bruce | NZL | dnf | |
| | Chris Beckman | NZL | dnf | |
| | Russell Syme | NZL | dns | |
| M50A (73) | | | 6.0 km 300 m 21 C | |
| 1 | Bill Edwards | NZL | 56:59 | 0:00 |
| 2 | Martin Ward | NZL | 1:03:57 | +6:58 |
| 3 | Jock Davis | AUS | 1:10:39 | +13:40 |
| 4 | Leif Haajanen | FIN | 1:12:12 | +15:13 |
| 5 | Jon Cross | NZL | 1:14:26 | +17:27 |
| 6 | Andreas Curiger | SUI | 1:14:32 | +17:33 |
| 7 | Ian Jones | AUS | 1:18:36 | +21:37 |
| 8 | Greg Schrago | SUI | 1:22:45 | +25:46 |
| 9 | Guy Cory-Wright | NZL | 1:23:10 | +26:11 |
| 10 | Jemery Day | AUS | 1:23:36 | +26:37 |
| 11 | Martin Wehner | AUS | 1:23:54 | +26:55 |
| 12 | John Robertson | NZL | 1:26:43 | +29:44 |
| 13 | Daniel Leibundgut | SUI | 1:27:05 | +30:06 |
| 14 | Alistair Cory-Wright | NZL | 1:30:55 | +33:56 |
| 15 | Paul Ireland | NZL | 1:31:44 | +34:45 |
| 16 | Andrew De L'Isle | NZL | 1:36:52 | +39:53 |
| 17 | Neil Simson | AUS | 1:36:53 | +39:54 |
| 18 | Lance Read | AUS | 1:38:54 | +41:55 |
| 19 | Ruhi Afnan | AUS | 1:39:48 | +42:49 |

| Pl | Name | Nat | Time | Diff. |
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| M50A (73) | | | 6.0 km 300 m 21 C | |
| 20 | Jeff Greenwood | NZL | 1:40:08 | +43:09 |
| 21 | Hugh Fitzgerald | AUS | 1:41:42 | +44:43 |
| 22 | Eugene Mlynczyk | CAN | 1:42:13 | +45:14 |
| 23 | Neal Barlow | USA | 1:45:55 | +48:56 |
| 24 | John Shelton Agar | AUS | 1:48:28 | +51:29 |
| 25 | Steve Oram | NZL | 1:48:36 | +51:37 |
| 26 | Steve Cooper | AUS | 1:48:48 | +51:49 |
| 26 | Andrew Skelton | NZL | 1:48:48 | +51:49 |
| 28 | Andrew Riddle | NZL | 1:53:45 | +56:46 |
| 29 | Kwok Kuen Law | HKG | 1:55:32 | +58:33 |
| 30 | Alan Moore | NZL | 1:56:23 | +59:24 |
| 31 | Nick Monckton | NZL | 2:03:45 | +1:06:46 |
| 32 | So Byung Jo | KOR | 2:04:33 | +1:07:34 |
| 33 | Bruce Barnett | AUS | 2:04:44 | +1:07:45 |
| 34 | Rainer Eschlboeck | AUT | 2:05:06 | +1:08:07 |
| 35 | Simon Allen | AUS | 2:05:19 | +1:08:20 |
| 36 | Julian Hayes | NZL | 2:06:38 | +1:09:39 |
| 37 | Andrew Wisniewski | AUS | 2:06:47 | +1:09:48 |
| 38 | Paul Teesdale-Spittle | NZL | 2:07:04 | +1:10:05 |
| 39 | Dwayne Smith | NZL | 2:07:19 | +1:10:20 |
| 40 | Michael Warlters | AUS | 2:08:54 | +1:11:55 |
| 41 | Rudy Hlawatsch | NZL | 2:15:17 | +1:18:18 |
| 42 | Martin Freeman | NZL | 2:18:39 | +1:21:40 |
| 43 | Warwick Williams | AUS | 2:21:07 | +1:24:08 |
| 44 | Michael Knightbridge | NZL | 2:21:19 | +1:24:20 |
| 45 | Erik Blake | CAN | 2:21:24 | +1:24:25 |
| 46 | Adrian Griffiths | NZL | 2:22:00 | +1:25:01 |
| 47 | David Beldjilali | NCL | 2:22:25 | +1:25:26 |
| 48 | Geoff Kernick | NZL | 2:25:16 | +1:28:17 |
| 49 | Regis Mainot | NCL | 2:26:15 | +1:29:16 |
| 50 | Steve Hill | NZL | 2:28:47 | +1:31:48 |
| 51 | Neil Egan | NZL | 2:34:38 | +1:37:39 |
| 52 | Frédéric Bouffort | NCL | 2:45:48 | +1:48:49 |
| 53 | Neil Gannon | AUS | 2:46:15 | +1:49:16 |
| 54 | Jeff Wedgwood | NZL | 2:46:59 | +1:50:00 |
| 55 | Luke Wilmott | AUS | 2:47:57 | +1:50:58 |
| 56 | John Soden | AUS | 3:05:11 | +2:08:12 |
| 57 | Raymond Chung | CAN | 3:06:01 | +2:09:02 |
| 58 | Thierry Eynard | NCL | 3:18:04 | +2:21:05 |
| 59 | Dominique Garnier | NCL | 3:25:36 | +2:28:37 |
| | Trevor Carswell | NZL | mp | |
| | Stephen Andrew | NZL | mp | |
| | Peter Swanson | NZL | mp | |
| | Michael Battaglia | AUS | mp | |
| | Allan Janes | NZL | dnf | |
| | Rob Molloy | NZL | dnf | |
| | Greg Campbell | SWE | dnf | |
| | Andre Morkel | AUS | dnf | |
| | Jonathan Wood | NZL | dnf | |
| | Jamie Kennedy | AUS | dnf | |
| | Mark Todd | NZL | dnf | |
| | Andrew Burns | NZL | dnf | |
| | Jan Safka | NZL | dnf | |
| | Aki Saranen | FIN | dns | |

| Pl | Name | Nat | Time | Diff. | |
|------------------|----------------------|-----|---------------|--------------|-------------|
| M55A (79) | | | 5.9 km | 220 m | 21 C |
| 1 | Warren Key | AUS | 57:50 | 0:00 | |
| 2 | Greg Barbour | NZL | 1:04:40 | +6:50 | |
| 3 | Geoff Lawford | AUS | 1:05:08 | +7:18 | |
| 4 | Timo Partanen | FIN | 1:05:36 | +7:46 | |
| 5 | Alexander Borachenko | RUS | 1:09:11 | +11:21 | |
| 6 | Quentin Harding | GBR | 1:09:31 | +11:41 | |
| 7 | Sergey Velichko | USA | 1:10:28 | +12:38 | |
| 8 | Joseph Brautigam | USA | 1:10:51 | +13:01 | |
| 9 | Ingar Hals | NOR | 1:11:00 | +13:10 | |
| 10 | Urs Hofer | SUI | 1:12:14 | +14:24 | |
| 11 | Jim Russell | AUS | 1:13:51 | +16:01 | |
| 12 | Kari Lehto | FIN | 1:15:57 | +18:07 | |
| 13 | Martin Crosby | NZL | 1:16:09 | +18:19 | |
| 14 | Stephen Keyes | GBR | 1:16:30 | +18:40 | |
| 15 | Viacheslav Akinin | RUS | 1:19:20 | +21:30 | |
| 16 | Simon George | AUS | 1:19:36 | +21:46 | |
| 17 | Goran Mansson | SWE | 1:20:03 | +22:13 | |
| 18 | David Melrose | NZL | 1:20:47 | +22:57 | |
| 19 | Peter Cleary | NZL | 1:21:28 | +23:38 | |
| 20 | David Poland | AUS | 1:22:07 | +24:17 | |
| 21 | Höck Zihlmann | SUI | 1:24:56 | +27:06 | |
| 22 | Kenneth Mclean | AUS | 1:29:44 | +31:54 | |
| 23 | Antoniui Plaian | NOR | 1:30:48 | +32:58 | |
| 24 | Tim Hatley | AUS | 1:32:20 | +34:30 | |
| 25 | Gerald Crawford | NZL | 1:33:54 | +36:04 | |
| 26 | Ian Simpson | NZL | 1:35:03 | +37:13 | |
| 27 | Anne Heikoop | NED | 1:35:57 | +38:07 | |
| 28 | Mike Harding | NZL | 1:36:56 | +39:06 | |
| 29 | Peter Wood | NZL | 1:37:49 | +39:59 | |
| 30 | Carl Dalheim | AUS | 1:37:56 | +40:06 | |
| 31 | Bernard Walker | AUS | 1:40:14 | +42:24 | |
| 32 | Bruce Peat | NZL | 1:40:29 | +42:39 | |
| 33 | Alister Metherell | NZL | 1:41:08 | +43:18 | |
| 34 | Ian Prosser | AUS | 1:44:47 | +46:57 | |
| 35 | Sebastian Burgess | AUS | 1:47:00 | +49:10 | |
| 36 | Richard Mercer | NZL | 1:47:32 | +49:42 | |
| 37 | Jan Petter Lande | USA | 1:47:58 | +50:08 | |
| 38 | Steffen Lösch | GER | 1:50:14 | +52:24 | |
| 39 | Jon Glanville | AUS | 1:51:09 | +53:19 | |
| 40 | Nick Melhuish | AUS | 1:51:57 | +54:07 | |
| 41 | Geoff Peel | AUS | 2:00:20 | +1:02:30 | |
| 42 | Ken Young | AUS | 2:04:11 | +1:06:21 | |
| 43 | Cliff Howard | AUS | 2:05:05 | +1:07:15 | |
| 44 | Mark Shingler | AUS | 2:05:09 | +1:07:19 | |
| 45 | Peter Hopper | AUS | 2:05:23 | +1:07:33 | |
| 46 | Simon Rea | NZL | 2:08:38 | +1:10:48 | |
| 47 | Owen Evans | NZL | 2:09:03 | +1:11:13 | |
| 48 | Scott Vennell | NZL | 2:10:37 | +1:12:47 | |
| 49 | Mikhail Lukin | RUS | 2:12:52 | +1:15:02 | |
| 50 | Andrei Ivanov | RUS | 2:13:03 | +1:15:13 | |
| 50 | Thomas Schulthess | SUI | 2:13:03 | +1:15:13 | |
| 52 | Pat Van Berkel | NZL | 2:13:25 | +1:15:35 | |
| 53 | Richard Smith | NZL | 2:19:31 | +1:21:41 | |
| 54 | Soren Bremer | SWE | 2:19:59 | +1:22:09 | |
| 55 | Bejan Paul | NCL | 2:20:04 | +1:22:14 | |

| Pl | Name | Nat | Time | Diff. |
|------------------|------------------------|-----|--------------------------|----------|
| M55A (79) | | | 5.9 km 220 m 21 C | |
| 56 | Arpad Tokes | ROU | 2:22:50 | +1:25:00 |
| 57 | Kingsley Ng-Wai Shing | NZL | 2:23:06 | +1:25:16 |
| 58 | Dirk Nankervis | AUS | 2:24:30 | +1:26:40 |
| 59 | Moon Joung Man | KOR | 2:26:21 | +1:28:31 |
| 60 | Francis Ko | HKG | 2:26:51 | +1:29:01 |
| 61 | Ronan Cleary | GBR | 2:27:05 | +1:29:15 |
| 62 | Mike Roigard | NZL | 2:29:57 | +1:32:07 |
| 63 | Bill Butler | AUS | 2:35:37 | +1:37:47 |
| 64 | Jean-Christophe Millot | NCL | 2:53:26 | +1:55:36 |
| 65 | Sergio Brito | BRA | 2:53:31 | +1:55:41 |
| 66 | Stephen Goggs | AUS | 2:55:23 | +1:57:33 |
| 67 | Lam Leung | HKG | 2:57:15 | +1:59:25 |
| 68 | Tim Webb | NZL | 3:23:16 | +2:25:26 |
| | Arne Okkenhaug | NOR | mp | |
| | Martin Kozma | AUS | mp | |
| | Paul Dalton | NZL | dnf | |
| | Peter Effeney | AUS | dnf | |
| | Wai Tin Man | HKG | dnf | |
| | Ping Kin Chan | HKG | dnf | |
| | Colin Currie | AUS | dnf | |
| | Guy Pigerre | AUS | dnf | |
| | Charles Spence | GBR | dns | |
| | Michael Burt | AUS | dns | |
| | Leif Gustafsson | SWE | dns | |

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|-------------------|---------------------|-----|--------------------------|----------|
| M55AS (20) | | | 3.6 km 130 m 14 C | |
| 1 | Tim Longson | NZL | 55:33 | 0:00 |
| 2 | Michael Dowling | AUS | 58:54 | +3:21 |
| 3 | Tatsu Nishiyama | NZL | 1:02:55 | +7:22 |
| 4 | Alan Horn | NZL | 1:05:11 | +9:38 |
| 5 | Andrew Cumming Thom | AUS | 1:06:56 | +11:23 |
| 6 | Trevor Diment | AUS | 1:08:52 | +13:19 |
| 7 | Dale Wallace | AUS | 1:17:55 | +22:22 |
| 8 | Peter May | AUS | 1:19:01 | +23:28 |
| 9 | Alec Watt | AUS | 1:27:46 | +32:13 |
| 10 | Dennis Trewin | AUS | 1:32:27 | +36:54 |
| 11 | Michael D'Ascenzo | AUS | 1:33:39 | +38:06 |
| 12 | Graeme Carruthers | NZL | 1:39:47 | +44:14 |
| 13 | Garry Stewart | AUS | 1:43:58 | +48:25 |
| 14 | Neil Sinclair | NZL | 1:48:29 | +52:56 |
| 15 | Robert Spry | AUS | 1:51:43 | +56:10 |
| 16 | David Turner | NZL | 2:04:32 | +1:08:59 |
| 17 | Krister Schultz | SWE | 2:13:01 | +1:17:28 |
| 18 | Gordon Holmes | NZL | 2:57:36 | +2:02:03 |
| | Aylwin Lim | AUS | mp | |
| | Dennis Sparling | AUS | dnf | |

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|------------------|----------------------|-----|--------------------------|-------|
| M60A (66) | | | 4.6 km 195 m 15 C | |
| 1 | Markku Helle | FIN | 53:54 | 0:00 |
| 2 | Ted Van Geldermalsen | NZL | 55:11 | +1:17 |
| 3 | Malcolm Ingham | NZL | 55:17 | +1:23 |
| 4 | Darryl Smith | AUS | 55:55 | +2:01 |

| Pl | Name | Nat | Time | Diff. |
|------------------|------------------------|-----|--------------------------|----------|
| M60A (66) | | | 4.6 km 195 m 15 C | |
| 5 | Eoin Rothery | AUS | 56:48 | +2:54 |
| 6 | Anders Bjorklund | SWE | 58:01 | +4:07 |
| 7 | Are Eriksen | NOR | 59:34 | +5:40 |
| 8 | Philip Eeles | GBR | 1:00:03 | +6:09 |
| 9 | Timo Ahlroth | FIN | 1:03:09 | +9:15 |
| 10 | Francesco Guglielmetti | SUI | 1:03:17 | +9:23 |
| 11 | Ian Ditchfield | GBR | 1:04:24 | +10:30 |
| 12 | Rick Mcgregor | SWE | 1:04:56 | +11:02 |
| 13 | Afan Jones | CAN | 1:05:17 | +11:23 |
| 14 | Warwick Davis | AUS | 1:05:48 | +11:54 |
| 15 | James Lithgow | AUS | 1:06:14 | +12:20 |
| 16 | Geoff Mead | NZL | 1:06:40 | +12:46 |
| 17 | Sten Gustafsson | SWE | 1:08:12 | +14:18 |
| 18 | Dave Armstrong | NZL | 1:08:22 | +14:28 |
| 19 | Kari Jylha | FIN | 1:11:22 | +17:28 |
| 20 | Uwe Dresel | GER | 1:14:01 | +20:07 |
| 21 | John Scown | AUS | 1:14:04 | +20:10 |
| 22 | Paul Pacque | AUS | 1:14:21 | +20:27 |
| 23 | Nicholas Wilmott | AUS | 1:14:30 | +20:36 |
| 24 | Res Rey | SUI | 1:15:12 | +21:18 |
| 25 | Mikael Johansson | SWE | 1:15:59 | +22:05 |
| 26 | Neil Barr | AUS | 1:16:36 | +22:42 |
| 27 | Charlie Shahbazian | USA | 1:18:34 | +24:40 |
| 28 | Valentin Pidner | AUT | 1:18:38 | +24:44 |
| 29 | Jeff Dunn | AUS | 1:20:56 | +27:02 |
| 30 | Peter King | NZL | 1:23:50 | +29:56 |
| 31 | Magne Vollen | NOR | 1:24:09 | +30:15 |
| 32 | Alex Davey | AUS | 1:24:16 | +30:22 |
| 33 | Jiri Gurka | AUT | 1:24:17 | +30:23 |
| 34 | Noel Schoknecht | AUS | 1:26:04 | +32:10 |
| 35 | Takashi Sugiyama | JPN | 1:26:42 | +32:48 |
| 36 | Keld Johnsen | DEN | 1:28:15 | +34:21 |
| 37 | Rick Breseman | USA | 1:28:54 | +35:00 |
| 38 | Andrew Lumsden | AUS | 1:29:31 | +35:37 |
| 39 | Rodney Parkin | AUS | 1:30:30 | +36:36 |
| 40 | David Knight | AUS | 1:30:54 | +37:00 |
| 41 | Dick Dinsdale | NZL | 1:32:04 | +38:10 |
| 42 | Norm Jager | NZL | 1:32:51 | +38:57 |
| 43 | Trevor Murray | NZL | 1:33:10 | +39:16 |
| 44 | Svein Linga | NOR | 1:34:51 | +40:57 |
| 45 | Murray Haines | AUS | 1:35:05 | +41:11 |
| 46 | Rolf Wagner | NZL | 1:37:30 | +43:36 |
| 47 | Tim Ashman | AUS | 1:37:33 | +43:39 |
| 48 | Colin Price | AUS | 1:50:01 | +56:07 |
| 49 | Peter Ramsden | NZL | 1:51:32 | +57:38 |
| 50 | Allan Grant | NZL | 2:01:32 | +1:07:38 |
| 51 | Bernard Dubois | BEL | 2:02:43 | +1:08:49 |
| 52 | Patrick Ng | HKG | 2:03:13 | +1:09:19 |
| 53 | Mark Besley | AUS | 2:03:33 | +1:09:39 |
| 54 | John Harding | AUS | 2:07:48 | +1:13:54 |
| 55 | Stan Woods | CAN | 2:08:50 | +1:14:56 |
| 56 | Tony Garr | AUS | 2:09:58 | +1:16:04 |
| 57 | Stephen Collins | AUS | 2:13:32 | +1:19:38 |
| 58 | Philip Burrill | AUS | 2:37:29 | +1:43:35 |
| 59 | Geoff Hudson | AUS | 3:04:28 | +2:10:34 |

| Pl | Name | Nat | Time | Diff. |
|------------------|-----------------------|-----|--------------------------|----------|
| M60A (66) | | | 4.6 km 195 m 15 C | |
| 60 | Greg Bristow | NZL | 3:11:32 | +2:17:38 |
| 61 | Chi Sing Clement Chan | HKG | 3:53:10 | +2:59:16 |
| | Peter Cusick | AUS | mp | |
| | Melvyn Cox | AUS | dnf | |
| | Mark Mckenna | NZL | dnf | |
| | Russell Bulman | AUS | dns | |
| | Kerry Bennett | AUS | dns | |
| M65A (72) | | | 4.6 km 145 m 17 C | |
| 1 | Mykola Bozhko | UKR | 48:16 | 0:00 |
| 2 | Bjørn Grinde | NOR | 52:35 | +4:19 |
| 3 | Nick Collins | NZL | 52:57 | +4:41 |
| 4 | Leif E. Larsen | DEN | 55:06 | +6:50 |
| 5 | Geoffrey Peck | AUS | 1:01:29 | +13:13 |
| 6 | Gordon Wilson | AUS | 1:02:48 | +14:32 |
| 7 | Graham Teahan | NZL | 1:03:14 | +14:58 |
| 8 | Kenneth Wåhlberg | SWE | 1:06:16 | +18:00 |
| 9 | Roy Dawson | GBR | 1:06:29 | +18:13 |
| 10 | Bruce Meder | AUS | 1:06:48 | +18:32 |
| 11 | Mike Godfree | GBR | 1:07:35 | +19:19 |
| 12 | Kalle Lindqvist | SWE | 1:08:42 | +20:26 |
| 13 | Sergei Egorshin | RUS | 1:09:15 | +20:59 |
| 14 | Arne Johansson | SWE | 1:09:17 | +21:01 |
| 15 | Max Kerrison | NZL | 1:09:21 | +21:05 |
| 15 | Alistair Stewart | NZL | 1:09:21 | +21:05 |
| 17 | Bruce Bowen | AUS | 1:09:24 | +21:08 |
| 18 | David Marshall | AUS | 1:10:14 | +21:58 |
| 19 | Robert Elson | AUS | 1:12:42 | +24:26 |
| 20 | Peter Gorvett | GBR | 1:12:45 | +24:29 |
| 21 | Richard Towler | GBR | 1:12:56 | +24:40 |
| 22 | Nick Dent | AUS | 1:18:26 | +30:10 |
| 23 | Rob Rapkins | AUS | 1:21:47 | +33:31 |
| 24 | Raymond Finlay | GBR | 1:22:15 | +33:59 |
| 25 | Greg Hawthorne | AUS | 1:22:36 | +34:20 |
| 26 | Dave Browning | NZL | 1:23:37 | +35:21 |
| 27 | Paul Hoopmann | AUS | 1:24:41 | +36:25 |
| 28 | Stephen Peacock | GBR | 1:25:16 | +37:00 |
| 29 | Bill Jones | AUS | 1:27:02 | +38:46 |
| 30 | Hubert Bastin | BEL | 1:28:32 | +40:16 |
| 31 | Jonathan Howell | GBR | 1:29:05 | +40:49 |
| 32 | Robert Gilchrist | CAN | 1:29:20 | +41:04 |
| 33 | Lennart Jakobsson | SWE | 1:30:04 | +41:48 |
| 34 | Ian Rathbone | AUS | 1:31:23 | +43:07 |
| 35 | Marco Bonafini | SUI | 1:32:28 | +44:12 |
| 36 | Attila Gabor Kovacs | HUN | 1:34:45 | +46:29 |
| 37 | Ilmar Kirjanen | FIN | 1:35:20 | +47:04 |
| 38 | Andy Payne | GBR | 1:36:19 | +48:03 |
| 39 | Pat Bodger | NZL | 1:36:48 | +48:32 |
| 40 | Jeffrey Saeger | USA | 1:38:22 | +50:06 |
| 41 | Lyndon Haugh | NZL | 1:39:25 | +51:09 |
| 42 | Vladimir Telnov | KAZ | 1:39:55 | +51:39 |
| 43 | Hans Lingfors | SWE | 1:43:44 | +55:28 |
| 44 | Peter Shepherd | AUS | 1:44:13 | +55:57 |

| Pl | Name | Nat | Time | Diff. |
|------------------|--------------------|-----|--------------------------|----------|
| M65A (72) | | | 4.6 km 145 m 17 C | |
| 45 | Simon Swaffield | NZL | 1:44:33 | +56:17 |
| 46 | Mike Calder | AUS | 1:47:03 | +58:47 |
| 47 | Keith Fifield | AUS | 1:47:58 | +59:42 |
| 48 | John Barrett | NZL | 1:48:41 | +1:00:25 |
| 49 | Ken Holst | NZL | 1:55:38 | +1:07:22 |
| 50 | Ron Frederick | AUS | 1:58:20 | +1:10:04 |
| 51 | Nigel Foley-Fisher | IRL | 1:58:32 | +1:10:16 |
| 52 | Keith Jay | AUS | 1:58:46 | +1:10:30 |
| 53 | George Elliott | NZL | 2:01:59 | +1:13:43 |
| 54 | Matthew King | AUS | 2:02:13 | +1:13:57 |
| 55 | Ewen Templeton | AUS | 2:15:01 | +1:26:45 |
| 56 | Denis Telle | NCL | 2:15:03 | +1:26:47 |
| 57 | Jack Dowling | AUS | 2:32:55 | +1:44:39 |
| 58 | Warwick Selby | AUS | 2:34:02 | +1:45:46 |
| 59 | Rob West | AUS | 2:40:20 | +1:52:04 |
| 60 | Greg Bate | NZL | 2:45:50 | +1:57:34 |
| | Hugh Moore | AUS | mp | |
| | Lennaart Lundgren | CAN | dnf | |
| | Åke Wansölin | SWE | dnf | |
| | Christer Hellström | SWE | dnf | |
| | Bob Hawkins | AUS | dnf | |
| | Murray Hanna | AUS | dnf | |
| | Richard Matthews | AUS | dnf | |
| | Stan Foster | NZL | dnf | |
| | John Parsons | NZL | dns | |
| | Shoji Kato | JPN | dns | |
| | Douglas Henderson | GBR | dns | |
| | Kai Saksman | FIN | dns | |
| M70A (61) | | | 3.9 km 145 m 16 C | |
| 1 | Ross Brighthouse | NZL | 45:07 | 0:00 |
| 2 | Risto Orpana | FIN | 52:13 | +7:06 |
| 3 | Kjell Winther | NOR | 53:39 | +8:32 |
| 4 | David May | GBR | 54:18 | +9:11 |
| 5 | Risto Wessman | FIN | 55:09 | +10:02 |
| 6 | Michael Wood | NZL | 59:14 | +14:07 |
| 7 | Dave Middleton | NZL | 1:00:14 | +15:07 |
| 8 | Bryan Chubb | CAN | 1:04:19 | +19:12 |
| 8 | Robin Sloan | GBR | 1:04:19 | +19:12 |
| 10 | Freddy Sillien | BEL | 1:04:33 | +19:26 |
| 11 | Roland Eggli | SUI | 1:08:13 | +23:06 |
| 12 | Claes Nideborn | SWE | 1:08:15 | +23:08 |
| 13 | Peep Koppel | EST | 1:09:01 | +23:54 |
| 14 | Greg Yarkie | CAN | 1:09:53 | +24:46 |
| 14 | Robert Allison | AUS | 1:09:53 | +24:46 |
| 16 | Geraint Edmunds | CAN | 1:10:51 | +25:44 |
| 17 | Tony Simpkins | AUS | 1:11:54 | +26:47 |
| 18 | Beat Oesch | SUI | 1:15:09 | +30:02 |
| 19 | Steve Flick | AUS | 1:16:17 | +31:10 |
| 20 | James Laver | AUS | 1:16:39 | +31:32 |
| 21 | Ken Brownlie | AUS | 1:17:08 | +32:01 |
| 22 | Tom Davies | NZL | 1:17:54 | +32:47 |
| 23 | Ian Fletcher | AUS | 1:18:07 | +33:00 |

| Pl | Name | Nat | Time | Diff. |
|------------------|-------------------------|-----|--------------------------|----------|
| M70A (61) | | | 3.9 km 145 m 16 C | |
| 24 | Ross Barr | AUS | 1:19:05 | +33:58 |
| 25 | Leigh Privett | AUS | 1:20:18 | +35:11 |
| 26 | Robert Smith | AUS | 1:20:26 | +35:19 |
| 27 | Peter Dalwood | AUS | 1:20:46 | +35:39 |
| 28 | Neil Kane | NZL | 1:21:08 | +36:01 |
| 29 | Terry Bluett | AUS | 1:21:48 | +36:41 |
| 30 | Pertti Mattila | FIN | 1:22:32 | +37:25 |
| 31 | Richard Worner | USA | 1:25:28 | +40:21 |
| 32 | Ron Junghans | AUS | 1:27:09 | +42:02 |
| 33 | David Scott | NZL | 1:29:19 | +44:12 |
| 34 | David Hogg | AUS | 1:33:03 | +47:56 |
| 35 | Victor Stepanov | NZL | 1:33:26 | +48:19 |
| 36 | Clive Bolt | NZL | 1:34:10 | +49:03 |
| 37 | Kjell Jeppson | SWE | 1:36:58 | +51:51 |
| 38 | Mauri Saarinen | FIN | 1:37:18 | +52:11 |
| 39 | John Meeking | AUS | 1:41:15 | +56:08 |
| 40 | Per Dalheim | NOR | 1:43:34 | +58:27 |
| 41 | Eric Wainwright | AUS | 1:45:28 | +1:00:21 |
| 42 | Brian Ellis | CAN | 1:51:07 | +1:06:00 |
| 43 | Dick Ogilvie | AUS | 1:52:09 | +1:07:02 |
| 44 | Blake Gordon | AUS | 1:52:56 | +1:07:49 |
| 45 | Terje Moen | NZL | 1:55:13 | +1:10:06 |
| 46 | Wayne Munro | NZL | 1:58:04 | +1:12:57 |
| 47 | Alan Thompson | AUS | 1:59:01 | +1:13:54 |
| 48 | Peter Yeates | AUS | 1:59:11 | +1:14:04 |
| 49 | Phil Dufty | AUS | 2:00:43 | +1:15:36 |
| 50 | Yann_Jean-Claude Jéquel | FRA | 2:04:10 | +1:19:03 |
| 51 | Michael Ashmore | NZL | 2:04:50 | +1:19:43 |
| 52 | Richard Gaylord | USA | 2:15:56 | +1:30:49 |
| 53 | Ariel Llambrich | NCL | 2:26:08 | +1:41:01 |
| 54 | David Goddard | AUS | 2:27:57 | +1:42:50 |
| | Gregory Chatfield | AUS | mp | |
| | Anatolii Chupanov | RUS | mp | |
| | Kari Koskinen | FIN | dnf | |
| | Dave Lotty | AUS | dnf | |
| | Bas Cuthbert | NZL | dnf | |
| | Wayne Aspin | NZL | dns | |
| | Klaus Olsen | DEN | dns | |

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| M75A (22) | | | 3.2 km 135 m 12 C | |
| 1 | Alex Tarr | AUS | 42:46 | 0:00 |
| 2 | John Le Carpentier | AUS | 52:01 | +9:15 |
| 3 | Tim Dent | AUS | 56:50 | +14:04 |
| 4 | Heinz Keller | SUI | 56:57 | +14:11 |
| 5 | Peo Bengtsson | SWE | 59:46 | +17:00 |
| 6 | Gavin Scott | NZL | 1:02:50 | +20:04 |
| 7 | John Robinson | NZL | 1:04:33 | +21:47 |
| 8 | Aarno Hovikorpi | FIN | 1:05:03 | +22:17 |
| 9 | Mogens Hansen | DEN | 1:06:39 | +23:53 |
| 10 | Alan Vyse | CAN | 1:08:07 | +25:21 |
| 11 | John Hodsdon | AUS | 1:09:27 | +26:41 |
| 12 | Oleg Zhukov | RUS | 1:12:50 | +30:04 |
| 13 | Timothy Cox | AUS | 1:18:54 | +36:08 |

| Pl | Name | Nat | Time | Diff. |
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| M75A (22) | | | 3.2 km 135 m 12 C | |
| 14 | Terry Brighthouse | NZL | 1:24:34 | +41:48 |
| 15 | Chris Gelderman | NZL | 1:24:48 | +42:02 |
| 16 | Don Locke | NZL | 1:33:11 | +50:25 |
| 17 | John Powell | NZL | 1:38:30 | +55:44 |
| 18 | John Pearson | FRA | 1:39:51 | +57:05 |
| 19 | Frank Ingwersen | AUS | 1:41:09 | +58:23 |
| 20 | Wayne Griggs | AUS | 1:42:41 | +59:55 |
| 21 | John Sutton | AUS | 1:50:15 | +1:07:29 |
| | Boris Kirt | EST | mp | |
| M80A (4) | | | 2.6 km 90 m 12 C | |
| 1 | Toivo Ryyppö | FIN | 43:01 | 0:00 |
| 2 | Ian Holden | NZL | 1:02:45 | +19:44 |
| | Harald Andersen | DEN | mp | |
| | Ron Oxburgh | GBR | mp | |
| M85A (1) | | | 2.2 km 70 m 12 C | |
| 1 | Hermann Wehner | AUS | 2:04:12 | 0:00 |
| Open Easy (15) | | | 2.7 km 80 m 12 C | |
| 1 | Pippa Plummer | NZL | 27:32 | 0:00 |
| 2 | Coreen Maynard | AUS | 30:42 | +3:10 |
| 3 | Geraldine Smith | NZL | 30:44 | +3:12 |
| 4 | Lachlan Young | AUS | 34:02 | +6:30 |
| 5 | Leith Soden | AUS | 35:48 | +8:16 |
| 6 | Loren Bruce | NZL | 36:41 | +9:09 |
| 7 | Catherine Charlier | NCL | 44:44 | +17:12 |
| 8 | Sharon Mcfarlane | AUS | 44:49 | +17:17 |
| 9 | Estelle Bedas | NCL | 49:13 | +21:41 |
| 10 | Mia Häll | SWE | 54:17 | +26:45 |
| 11 | Ingrid Maillot | NCL | 56:34 | +29:02 |
| 12 | Myriam Renoult | NCL | 1:17:09 | +49:37 |
| 13 | Melany Renoult | NCL | 1:21:00 | +53:28 |
| | Kathleen Barrett | AUS | mp | |
| | Zara Doyle | AUS | dns | |
| Open Very Easy (5) | | | 2.3 km 65 m 13 C | |
| 1 | Remy Syminton | NZL | 20:48 | 0:00 |
| 2 | Peter Campbell | USA | 41:05 | +20:17 |
| 3 | Marcus Cazzolato | AUS | 41:23 | +20:35 |
| 4 | Tor Prince | NZL | 43:27 | +22:39 |
| 5 | Matthew Power | NZL | 1:02:25 | +41:37 |
| W10A (12) | | | 2.3 km 65 m 13 C | |
| 1 | Rebecca Craig | AUS | 16:43 | 0:00 |
| 2 | Roosa Muukkonen | FIN | 17:12 | +0:29 |
| 3 | Aoife Rothery | AUS | 18:42 | +1:59 |
| 4 | Lani Murray | NZL | 18:51 | +2:08 |
| 5 | Anna Wright | NZL | 19:12 | +2:29 |

| Pl | Name | Nat | Time | Diff. |
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| W10A (12) 2.3 km 65 m 13 C | | | | |
| 6 | Karin Prince | NZL | 20:25 | +3:42 |
| 7 | Larissa Edwards | NZL | 20:44 | +4:01 |
| 8 | Grace Cory-Wright | NZL | 21:58 | +5:15 |
| 9 | Greta Prince | NZL | 22:59 | +6:16 |
| 10 | Gemma York | NZL | 25:32 | +8:49 |
| | Torun Joergensen | NZL | mp | |
| | Amy Duffy | AUS | mp | |
| W12A (19) 2.7 km 80 m 12 C | | | | |
| 1 | Rachel Baker | NZL | 21:41 | 0:00 |
| 2 | Manon Bonar | NZL | 23:13 | +1:32 |
| 3 | Sophie Arthur | AUS | 24:07 | +2:26 |
| 4 | Milla Key | AUS | 25:37 | +3:56 |
| 5 | Kate Borton | NZL | 25:47 | +4:06 |
| 6 | Anya Murray | NZL | 26:37 | +4:56 |
| 7 | Sophie Ryan | NZL | 28:48 | +7:07 |
| 8 | Anna Campbell | USA | 30:39 | +8:58 |
| 9 | Louise Barbour | AUS | 31:09 | +9:28 |
| 10 | Kate Braid | AUS | 32:41 | +11:00 |
| 11 | Erika Enderby | AUS | 33:30 | +11:49 |
| 12 | Juliet Freeman | NZL | 34:05 | +12:24 |
| 13 | Julia Barbour | AUS | 37:47 | +16:06 |
| 14 | Kyla Moore | NZL | 44:56 | +23:15 |
| 15 | Ingrid Shelton Agar | AUS | 49:20 | +27:39 |
| 16 | Cecilia Maillot | NCL | 52:28 | +30:47 |
| 17 | Ali Power | NZL | 58:50 | +37:09 |
| 18 | Tide Faavae | NZL | 1:03:49 | +42:08 |
| 19 | Eleanor Williams | AUS | 1:32:51 | +1:11:10 |
| W14A (20) 3.0 km 120 m 13 C | | | | |
| 1 | Kaia Joergensen | NZL | 36:37 | 0:00 |
| 2 | Zara Stewart | NZL | 38:23 | +1:46 |
| 3 | Mikaela Gray | AUS | 39:28 | +2:51 |
| 4 | Emily Hayes | NZL | 40:44 | +4:07 |
| 5 | Juliet Frater | NZL | 42:20 | +5:43 |
| 6 | Justine Hobson | AUS | 46:37 | +10:00 |
| 7 | Mikayla Enderby | AUS | 47:35 | +10:58 |
| 8 | Beth Hunter | NZL | 48:00 | +11:23 |
| 9 | Alice Egan | NZL | 48:30 | +11:53 |
| 10 | Nea Shingler | AUS | 51:09 | +14:32 |
| 11 | Katie Ryan | NZL | 51:55 | +15:18 |
| 12 | Abbey Lee | NZL | 57:38 | +21:01 |
| 13 | Rosie Monckton | NZL | 1:02:40 | +26:03 |
| 14 | Ana Penck | AUS | 1:04:25 | +27:48 |
| 15 | Sofia Toes | NZL | 1:07:41 | +31:04 |
| 16 | Serryn Eenjes | AUS | 1:12:12 | +35:35 |
| 17 | Allegra Wilson | NZL | 1:14:45 | +38:08 |
| 18 | Jessie Faavae | NZL | 1:14:48 | +38:11 |
| 19 | Daisy York | NZL | 1:19:19 | +42:42 |
| | Natalie Miller | AUS | mp | |

| Pl | Name | Nat | Time | Diff. |
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| W16A (27) 4.2 km 150 m 17 C | | | | |
| 1 | Georgia Skelton | NZL | 53:25 | 0:00 |
| 2 | Anna Cory-Wright | NZL | 57:41 | +4:16 |
| 3 | Caitlin Young | AUS | 1:00:00 | +6:35 |
| 4 | Ella Cuthbert | AUS | 1:02:51 | +9:26 |
| 5 | Arabella Phillips | AUS | 1:03:20 | +9:55 |
| 6 | Tessa Burns | NZL | 1:05:12 | +11:47 |
| 7 | Rebecca Greenwood | NZL | 1:05:19 | +11:54 |
| 8 | Zoe Melhuish | AUS | 1:05:53 | +12:28 |
| 9 | Julia Gannon | AUS | 1:06:32 | +13:07 |
| 10 | Sofie Safkova | NZL | 1:06:57 | +13:32 |
| 11 | Ellen Currie | AUS | 1:09:28 | +16:03 |
| 12 | Sylvie Frater | NZL | 1:09:30 | +16:05 |
| 13 | Olivia Collins | NZL | 1:13:15 | +19:50 |
| 14 | Amber Riddle | NZL | 1:13:23 | +19:58 |
| 15 | Jessica Sewell | NZL | 1:17:47 | +24:22 |
| 16 | Sophie Jones | AUS | 1:20:59 | +27:34 |
| 17 | Eleanor Mclean | AUS | 1:26:30 | +33:05 |
| 18 | Josephine Reeves | NZL | 1:27:24 | +33:59 |
| 19 | Hannah Stewart | NZL | 1:35:42 | +42:17 |
| 20 | Amy Enkelaar | AUS | 1:37:26 | +44:01 |
| 21 | Melissa Maillot | NCL | 1:38:55 | +45:30 |
| 22 | Fiona Middleton | NZL | 1:47:34 | +54:09 |
| 23 | Nina Gannon | AUS | 1:55:04 | +1:01:39 |
| 24 | Tshintina Hopper | AUS | 1:58:32 | +1:05:07 |
| 25 | Lily Mcfarlane | AUS | 2:11:42 | +1:18:17 |
| 26 | Teagan Guinness | AUS | 3:49:10 | +2:55:45 |
| | Cara Bradding | NZL | dns | |
| W18A (22) 4.6 km 165 m 19 C | | | | |
| 1 | Katie Cory-Wright | NZL | 50:12 | 0:00 |
| 2 | Danielle Goodall | NZL | 52:20 | +2:08 |
| 3 | Tara Melhuish | AUS | 56:30 | +6:18 |
| 4 | Marisol Hunter | NZL | 58:56 | +8:44 |
| 5 | Briana Steven | NZL | 1:00:09 | +9:57 |
| 6 | Rachel Allen | AUS | 1:05:11 | +14:59 |
| 7 | Georgina Dibble | NZL | 1:05:57 | +15:45 |
| 8 | Tegan Knightbridge | NZL | 1:07:10 | +16:58 |
| 9 | Jenna Tidswell | NZL | 1:10:26 | +20:14 |
| 10 | Meghan Drew | NZL | 1:14:39 | +24:27 |
| 11 | Maddie Longson | NZL | 1:21:58 | +31:46 |
| 12 | Caroline Pigerre | AUS | 1:22:52 | +32:40 |
| 13 | Sarah Lim | AUS | 1:25:51 | +35:39 |
| 14 | Sheena O'Brien | NZL | 1:25:52 | +35:40 |
| 15 | Laurel Gannon | AUS | 1:42:54 | +52:42 |
| 16 | Aleisha Neary | NZL | 1:59:31 | +1:09:19 |
| 17 | Isabella Kelly | NZL | 2:04:39 | +1:14:27 |
| 18 | Miho Yamazaki | AUS | 2:09:02 | +1:18:50 |
| 19 | Megan Bruce | NZL | 2:35:49 | +1:45:37 |
| | Joanna Maynard | AUS | mp | |
| | Catherine Murphy | NZL | dnf | |
| | Lauren Baade | AUS | dns | |

| Pl | Name | Nat | Time | Diff. |
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| W20A (22) 5.8 km 240 m 20 C | | | | |
| 1 | Lara Molloy | NZL | 1:13:49 | 0:00 |
| 2 | Kayla Fairbairn | NZL | 1:18:27 | +4:38 |
| 3 | Alice Tilley | NZL | 1:26:25 | +12:36 |
| 4 | Winnie Oakhill | AUS | 1:27:37 | +13:48 |
| 5 | Georgia Jones | AUS | 1:28:50 | +15:01 |
| 6 | Heidi Stolberger | NZL | 1:30:16 | +16:27 |
| 7 | Julia Frejd | SWE | 1:33:55 | +20:06 |
| 8 | Asha Steer | AUS | 1:37:01 | +23:12 |
| 9 | Zoe Dowling | AUS | 1:41:15 | +27:26 |
| 10 | Ellie Molloy | NZL | 1:48:35 | +34:46 |
| 11 | Rebecca George | AUS | 1:49:53 | +36:04 |
| 12 | Anna Parsons | NZL | 2:03:56 | +50:07 |
| 13 | Bronte Gannon | AUS | 2:16:39 | +1:02:50 |
| 14 | Sophie Harrison | NZL | 2:34:21 | +1:20:32 |
| 15 | Stephanie Chu | HKG | 2:36:44 | +1:22:55 |
| 16 | Emma Carruthers | NZL | 2:45:44 | +1:31:55 |
| | Alexandra Riddle | NZL | mp | |
| | Angel Leung | HKG | mp | |
| | Tiffany Chan | HKG | mp | |
| | Yisa Wong | HKG | mp | |
| | Steph Harding | NZL | dnf | |
| | Ella Johnson | AUS | dns | |
| W20B (5) 3.0 km 120 m 13 C | | | | |
| 1 | Poppy Mitchell | NZL | 1:01:05 | 0:00 |
| 2 | Olivia Beckman | NZL | 1:05:13 | +4:08 |
| 3 | Kathleen Lake | AUS | 2:13:02 | +1:11:57 |
| | Maree Doyle | AUS | dns | |
| | Serena Doyle | AUS | dns | |
| W21A (15) 5.2 km 195 m 17 C | | | | |
| 1 | Grace Crane | AUS | 59:30 | 0:00 |
| 2 | Heather Muir | AUS | 1:02:37 | +3:07 |
| 3 | Kate Salmon | NZL | 1:14:33 | +15:03 |
| 4 | Claire Flynn | NZL | 1:21:34 | +22:04 |
| 5 | Anna Dowling | AUS | 1:22:12 | +22:42 |
| 6 | Vida Fox | NZL | 1:25:35 | +26:05 |
| 7 | Megan Carter | NZL | 1:28:08 | +28:38 |
| 8 | Jacqueline Curiger | SUI | 1:33:49 | +34:19 |
| 9 | Rhiannon Jones | CAN | 1:35:18 | +35:48 |
| 10 | Lisa Grant | AUS | 1:45:09 | +45:39 |
| 11 | Nicola Peat | NZL | 1:57:44 | +58:14 |
| 12 | Holly Edmonds | NZL | 2:37:07 | +1:37:37 |
| | Rainky Cheung | HKG | dnf | |
| | Kirsten Baade | AUS | dns | |
| | Aoife Mccavana | IRL | dns | |
| W21AS (4) 4.6 km 165 m 19 C | | | | |
| 1 | Lauren Holmes | NZL | 1:30:18 | 0:00 |
| 2 | Jenna Linehan | AUS | 1:53:24 | +23:06 |
| 3 | Alina Smirnova | NZL | 2:12:58 | +42:40 |

| Pl | Name | Nat | Time | Diff. |
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| W21AS (4) | | | 4.6 km 165 m 19 C | |
| 4 | Kate Smirnova | NZL | 3:48:17 | +2:17:59 |
| W21B (15) | | | 3.0 km 120 m 13 C | |
| 1 | Orsolya Vincze | NZL | 42:30 | 0:00 |
| 2 | Christina Freeman | NZL | 50:23 | +7:53 |
| 3 | Grace Evans | NZL | 1:14:26 | +31:56 |
| 4 | Jo Hobson | AUS | 1:14:29 | +31:59 |
| 5 | Po Wa Tang | HKG | 1:18:12 | +35:42 |
| 6 | Sara Brain | AUS | 1:24:36 | +42:06 |
| 7 | Sarah Stewart | NZL | 1:26:21 | +43:51 |
| 8 | Ching Yan Candy Chan | HKG | 1:31:58 | +49:28 |
| 9 | Maggi Salmon | NZL | 1:33:15 | +50:45 |
| 10 | Bronwyn Fuller | AUS | 1:36:28 | +53:58 |
| 11 | Kathryn Knight | AUS | 1:40:42 | +58:12 |
| 12 | Mary Ho | NZL | 2:01:12 | +1:18:42 |
| | Eva Berecz | HUN | mp | |
| | Natalia Beliakova | AUS | dnf | |
| | Katie Monckton | NZL | dns | |
| W21E (35) | | | 8.1 km 315 m 24 C | |
| 1 | Jo Allison | AUS | 1:22:27 | 0:00 |
| 2 | Susen Lösch | GER | 1:22:54 | +0:27 |
| 3 | Imogene Scott | NZL | 1:23:28 | +1:01 |
| 4 | Krystal Neumann | AUS | 1:23:40 | +1:13 |
| 5 | Natasha Key | AUS | 1:25:11 | +2:44 |
| 6 | Penny Kane | NZL | 1:25:58 | +3:31 |
| 7 | Charlotte Watson | GBR | 1:28:13 | +5:46 |
| 8 | Bridget Anderson | AUS | 1:29:57 | +7:30 |
| 9 | Liis Johanson | AUS | 1:30:13 | +7:46 |
| 10 | Rachel Smith | NZL | 1:34:02 | +11:35 |
| 11 | Renee Beveridge | NZL | 1:36:22 | +13:55 |
| 12 | Anna Sheldon | AUS | 1:36:34 | +14:07 |
| 13 | Jula Mcmillan | NZL | 1:38:38 | +16:11 |
| 14 | Georgia Whitla | NZL | 1:39:02 | +16:35 |
| 15 | Sarah O'Sullivan | NZL | 1:41:33 | +19:06 |
| 16 | Rachel Effeney | AUS | 1:45:12 | +22:45 |
| 17 | Lanita Steer | AUS | 1:53:46 | +31:19 |
| 18 | Tessa Ramsden | NZL | 1:56:41 | +34:14 |
| 19 | Emily Forne | NZL | 2:08:35 | +46:08 |
| 20 | Mace Neve | AUS | 2:09:07 | +46:40 |
| 21 | Greta Knarston | NZL | 2:10:16 | +47:49 |
| 22 | Ingrid Okkenhaug | NOR | 2:12:06 | +49:39 |
| 23 | Anna Gray | NZL | 2:13:05 | +50:38 |
| 24 | Clare Brownridge | AUS | 2:21:17 | +58:50 |
| 25 | Viktoria Brautigam | USA | 2:29:45 | +1:07:18 |
| 26 | Charmaine Kai Wi Fung | HKG | 2:35:22 | +1:12:55 |
| 27 | Ka Ki Leung | HKG | 2:39:52 | +1:17:25 |
| 28 | Rebecca Gray | NZL | 2:40:48 | +1:18:21 |
| 29 | Cho Yu Lam | HKG | 2:45:52 | +1:23:25 |
| 30 | Sze Wing Yee | HKG | 2:57:58 | +1:35:31 |
| 31 | Ka Man Leung | HKG | 3:42:07 | +2:19:40 |
| | Belinda Lawford | AUS | mp | |

| Pl | Name | Nat | Time | Diff. |
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| W21E (35) | | | 8.1 km 315 m 24 C | |
| | Nicola Blatchford | AUS | mp | |
| | Katie Reynolds | GBR | mp | |
| | Ebba Pegestam | SWE | dnf | |
| W35A (8) | | | 5.2 km 195 m 17 C | |
| 1 | Lise Turner | NZL | 1:16:30 | 0:00 |
| 2 | Phoebe Dent | AUS | 1:21:21 | +4:51 |
| 3 | Lisa Caulfield | NZL | 1:39:36 | +23:06 |
| 4 | Maija Asmundela | FIN | 1:46:33 | +30:03 |
| 5 | Saara Asmundela | FIN | 1:54:32 | +38:02 |
| 6 | Kinga Csecs | SUI | 1:59:59 | +43:29 |
| | Kate Pedley | NZL | mp | |
| | Heidi Stokseth | NOR | dnf | |
| W35AS (5) | | | 4.2 km 150 m 17 C | |
| 1 | Karyn Kerrison | NZL | 1:34:02 | 0:00 |
| 2 | Melissa Gangemi | AUS | 1:49:34 | +15:32 |
| 3 | Saacha Donaldson | AUS | 1:50:28 | +16:26 |
| 4 | Shannan Forrest | AUS | 3:51:27 | +2:17:25 |
| | Kim Enkelaar | AUS | dnf | |
| W40A (19) | | | 5.0 km 215 m 17 C | |
| 1 | Eveliina Muukkonen | FIN | 59:36 | 0:00 |
| 2 | Sara Prince | NZL | 1:01:16 | +1:40 |
| 3 | Jenny Casanova | AUS | 1:06:02 | +6:26 |
| 4 | Merike Vanjuk | EST | 1:06:26 | +6:50 |
| 5 | Anna Fitzgerald | AUS | 1:10:05 | +10:29 |
| 6 | Sarah Wright | NZL | 1:18:16 | +18:40 |
| 7 | Ceri Pass | AUS | 1:31:14 | +31:38 |
| 8 | Jane Pulford | NED | 1:32:44 | +33:08 |
| 9 | Victoria Campbell | USA | 1:39:34 | +39:58 |
| 10 | Meredith Gray | AUS | 1:44:01 | +44:25 |
| 11 | Ocean Mercier | NZL | 1:44:58 | +45:22 |
| 12 | Sally Lattimore | NZL | 1:46:58 | +47:22 |
| 13 | Rachel West | AUS | 1:47:20 | +47:44 |
| 14 | Hilda Cheng | HKG | 1:50:44 | +51:08 |
| 15 | Jodie Faavae | NZL | 2:04:38 | +1:05:02 |
| 16 | Louise Borton | NZL | 2:27:18 | +1:27:42 |
| | Erin Swanson | NZL | dnf | |
| | Claire Heppenstall | NZL | dns | |
| | Kiersten Morkel | AUS | dns | |
| W45A (27) | | | 5.0 km 215 m 17 C | |
| 1 | Jenni Adams | NZL | 1:02:44 | 0:00 |
| 2 | Jennifer Enderby | AUS | 1:05:26 | +2:42 |
| 3 | Jeannette Merz | SUI | 1:17:18 | +14:34 |
| 4 | Susan Edwards | NZL | 1:19:03 | +16:19 |
| 5 | Jeni Pelvin | NZL | 1:21:22 | +18:38 |
| 6 | Lesley Ward | NZL | 1:30:24 | +27:40 |
| 7 | Ann-Sofie Brink | SWE | 1:34:55 | +32:11 |

| Pl | Name | Nat | Time | Diff. |
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| W45A (27) 5.0 km 215 m 17 C | | | | |
| 8 | Christine Browne | NZL | 1:38:40 | +35:56 |
| 9 | Karen Wild-Allen | AUS | 1:39:06 | +36:22 |
| 10 | Wendy Read | AUS | 1:39:51 | +37:07 |
| 11 | Margaret Peel | AUS | 1:45:53 | +43:09 |
| 12 | Gudrun Eschlboeck | AUT | 1:51:49 | +49:05 |
| 13 | Natalia Kunitskaya | RUS | 1:52:11 | +49:27 |
| 14 | Robyn Dunmore | NZL | 1:55:21 | +52:37 |
| 15 | Frances Hill | NZL | 2:08:02 | +1:05:18 |
| 16 | Petra Safkova | NZL | 2:15:06 | +1:12:22 |
| 17 | Margaret Jones | AUS | 2:30:01 | +1:27:17 |
| | Martina Craig | AUS | mp | |
| | Yoli Wehrl | SUI | mp | |
| | Ruth Ruch | SUI | mp | |
| | Nicky Collins | NZL | mp | |
| | Bo Ling Cheung | HKG | mp | |
| | Cath Chalmers | AUS | dnf | |
| | Kelly Young | AUS | dnf | |
| | Pik Kwan Tang | HKG | dnf | |
| | Carmen Fookes | NZL | dnf | |
| | Tania Larsen | NZL | dns | |

| Pl | Name | Nat | Time | Diff. |
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| W45AS (26) 3.2 km 135 m 12 C | | | | |
| 1 | Iona Powell | NZL | 50:28 | 0:00 |
| 2 | Alison Carswell | NZL | 1:06:53 | +16:25 |
| 3 | Fleur Murray | NZL | 1:08:03 | +17:35 |
| 4 | Maureen Kernick | NZL | 1:08:27 | +17:59 |
| 5 | Edith Gray | AUS | 1:09:00 | +18:32 |
| 6 | Stephanie Beldjilali | NCL | 1:21:12 | +30:44 |
| 7 | Yuk Ching Fung | HKG | 1:24:28 | +34:00 |
| 8 | Erica Diment | AUS | 1:25:16 | +34:48 |
| 9 | Elaine Murdoch | AUS | 1:28:39 | +38:11 |
| 10 | Helen Edmonds | NZL | 1:30:17 | +39:49 |
| 11 | Nicola Nygh | AUS | 1:34:08 | +43:40 |
| 12 | Anne Arthur | AUS | 1:34:50 | +44:22 |
| 13 | Cryn Russell | NZL | 1:38:38 | +48:10 |
| 14 | Katharine Webb | NZL | 1:46:24 | +55:56 |
| 15 | Karen Beckman | NZL | 1:48:18 | +57:50 |
| 16 | Nicole Davis | AUS | 1:51:04 | +1:00:36 |
| 17 | Kirsty Clayton | NZL | 1:51:08 | +1:00:40 |
| 18 | Sarah Underwood | NZL | 1:51:42 | +1:01:14 |
| 19 | Bronwyn Rosie | NZL | 1:52:34 | +1:02:06 |
| 20 | Janet Harding | NZL | 1:55:57 | +1:05:29 |
| 21 | Sarah Steel | NZL | 2:14:55 | +1:24:27 |
| 22 | Margaret Kertesz | AUS | 2:17:38 | +1:27:10 |
| 23 | Kim Nankervis | AUS | 2:18:39 | +1:28:11 |
| 24 | Fiona De L'Isle | NZL | 2:23:05 | +1:32:37 |
| | Julia Moore | NZL | mp | |
| | Elaine Bennett | AUS | dns | |

| Pl | Name | Nat | Time | Diff. |
|------------------------------------|------------------------|-----|---------|----------|
| W50A (42) 4.6 km 165 m 19 C | | | | |
| 1 | Yvette Baker | NZL | 54:24 | 0:00 |
| 2 | Sue Hancock | AUS | 1:04:29 | +10:05 |
| 3 | Christine Marshall | AUS | 1:18:58 | +24:34 |
| 4 | Paula Shingler | AUS | 1:20:12 | +25:48 |
| 5 | Priska Curiger | SUI | 1:20:26 | +26:02 |
| 6 | Anita Scherrer | AUS | 1:21:36 | +27:12 |
| 7 | Svetlana Anori | RUS | 1:22:33 | +28:09 |
| 8 | Raewyn Simpson | NZL | 1:26:13 | +31:49 |
| 9 | Jaana Eronen | SUI | 1:26:17 | +31:53 |
| 10 | Nicola Dalheim | AUS | 1:30:23 | +35:59 |
| 11 | Su Yan Tay | AUS | 1:32:10 | +37:46 |
| 12 | Lyn Stanton | NZL | 1:37:42 | +43:18 |
| 13 | Anna Robertson | NZL | 1:41:10 | +46:46 |
| 14 | Auli Hovikorpi | FIN | 1:41:19 | +46:55 |
| 15 | Kay Knightbridge | NZL | 1:43:52 | +49:28 |
| 16 | Suzanne Stolberger | NZL | 1:47:25 | +53:01 |
| 17 | Genevieve Webb | NZL | 1:49:22 | +54:58 |
| 18 | Julie Cleary | GBR | 1:49:42 | +55:18 |
| 19 | Tania Kennedy | AUS | 1:50:56 | +56:32 |
| 20 | Helena Johansson | SWE | 1:54:37 | +1:00:13 |
| 21 | Gunhild Bredesen | NOR | 1:55:23 | +1:00:59 |
| 22 | Chris Rowe | NZL | 1:59:38 | +1:05:14 |
| 22 | Alison Inglis | AUS | 1:59:38 | +1:05:14 |
| 24 | Bente Madsen | DEN | 2:01:12 | +1:06:48 |
| 25 | Donelda Niles | AUS | 2:04:11 | +1:09:47 |
| 26 | Zara Soden | AUS | 2:05:08 | +1:10:44 |
| 27 | Alexandra Gannon | AUS | 2:19:01 | +1:24:37 |
| 28 | Sharon Lambert | AUS | 2:19:36 | +1:25:12 |
| 29 | Rachel Middleton | NZL | 2:29:56 | +1:35:32 |
| 30 | Galina Kornilova | KAZ | 2:41:21 | +1:46:57 |
| 31 | Diana O'Brien | NZL | 2:43:55 | +1:49:31 |
| 32 | Sue Garr | AUS | 2:46:58 | +1:52:34 |
| 33 | Libby Mcleay | NZL | 2:52:37 | +1:58:13 |
| 34 | Liz Canning | AUS | 3:19:51 | +2:25:27 |
| 35 | Lucy Lou | SWE | 3:22:31 | +2:28:07 |
| 36 | Nicola Kinzett | NZL | 3:30:19 | +2:35:55 |
| | Marie Claire Shankland | NZL | mp | |
| | Karine Lesca | NCL | mp | |
| | Ingrid Baade | AUS | dns | |
| | Mary Wadsworth | NZL | dns | |
| | Anki Gustafsson | SWE | dns | |
| | Alison Comer | NZL | dns | |

| W55A (53) 4.2 km 150 m 17 C | | | | |
|------------------------------------|-------------------|-----|---------|--------|
| 1 | Pavlina Brautigam | USA | 48:30 | 0:00 |
| 2 | Anthea Feaver | AUS | 50:32 | +2:02 |
| 3 | Jenny Bourne | AUS | 55:38 | +7:08 |
| 4 | Jean Cory-Wright | NZL | 59:57 | +11:27 |
| 5 | Gayle Quantock | AUS | 1:03:12 | +14:42 |
| 6 | Reet Johanson | EST | 1:03:32 | +15:02 |
| 7 | Toni Brown | AUS | 1:05:01 | +16:31 |
| 8 | Carey Nazzer | NZL | 1:07:23 | +18:53 |
| 9 | Liz Abbott | AUS | 1:08:03 | +19:33 |

| Pl | Name | Nat | Time | Diff. |
|------------------|-----------------------|-----|--------------------------|----------|
| W55A (53) | | | | |
| | | | 4.2 km 150 m 17 C | |
| 10 | Viktoria Fershalova | RUS | 1:11:39 | +23:09 |
| 11 | Liz Nicholson | NZL | 1:13:51 | +25:21 |
| 12 | Elisabeth Oppliger | SUI | 1:15:22 | +26:52 |
| 13 | Phillippa Poole | NZL | 1:16:38 | +28:08 |
| 14 | Ana Herceg | AUS | 1:17:06 | +28:36 |
| 15 | Geraldine Chatfield | AUS | 1:18:22 | +29:52 |
| 16 | Susan Harding | GBR | 1:18:33 | +30:03 |
| 17 | Jay Paterson | NZL | 1:19:31 | +31:01 |
| 18 | Galina Akinina | RUS | 1:27:42 | +39:12 |
| 19 | Märıt Gustafsson | SWE | 1:35:17 | +46:47 |
| 20 | Carol Harding | AUS | 1:36:08 | +47:38 |
| 21 | Barbara Dresel | GER | 1:38:49 | +50:19 |
| 22 | Airdrie Long | AUS | 1:41:46 | +53:16 |
| 23 | Sally Wayte | AUS | 1:42:14 | +53:44 |
| 24 | Lorna Fox | NZL | 1:44:37 | +56:07 |
| 25 | Julie Flynn | AUS | 1:46:06 | +57:36 |
| 26 | Jocelyne Telle Debien | NCL | 1:46:33 | +58:03 |
| 26 | Joanne Woods | CAN | 1:46:33 | +58:03 |
| 28 | Fiona Clough | GBR | 1:47:50 | +59:20 |
| 29 | Tuija Jurvakainen | FIN | 1:50:05 | +1:01:35 |
| 29 | Valerie Meyer | USA | 1:50:05 | +1:01:35 |
| 31 | Prue Dobbin | AUS | 1:50:27 | +1:01:57 |
| 32 | Wai Ching Vickie Wong | HKG | 1:53:15 | +1:04:45 |
| 33 | Joanna Parr | AUS | 1:54:07 | +1:05:37 |
| 34 | Marion Burrill | AUS | 1:57:51 | +1:09:21 |
| 35 | Sabine Schweiger | CAN | 1:59:15 | +1:10:45 |
| 36 | Irina Smirnova | NZL | 2:00:56 | +1:12:26 |
| 37 | Eniko Bertalan | NOR | 2:02:28 | +1:13:58 |
| 38 | Jane Harding | NZL | 2:05:33 | +1:17:03 |
| 39 | Anna Engleback | NZL | 2:11:47 | +1:23:17 |
| 40 | Liz Butler | AUS | 2:12:29 | +1:23:59 |
| 41 | Jane Saye | AUS | 2:12:35 | +1:24:05 |
| 42 | Ulrika Haajanen | FIN | 2:16:11 | +1:27:41 |
| 43 | Rosanne Rutledge | AUS | 2:16:17 | +1:27:47 |
| 44 | Judith Davis | AUS | 2:18:26 | +1:29:56 |
| 45 | Juliana De Nooy | AUS | 2:29:33 | +1:41:03 |
| 46 | Suzanne O'Callaghan | AUS | 2:46:53 | +1:58:23 |
| 47 | Kaye Griffiths | NZL | 2:49:42 | +2:01:12 |
| 48 | Lynda Hewson | AUS | 2:51:39 | +2:03:09 |
| 49 | Marsha Fehr | CAN | 3:13:35 | +2:25:05 |
| | Helen Wood | NZL | mp | |
| | Daniela Guglielmetti | SUI | dnf | |
| | Elizabeth Parsons | NZL | dns | |
| | Francine Baumann | NCL | dns | |

| | | | | |
|-------------------|---------------------------|-----|-------------------------|--------|
| W55AS (18) | | | | |
| | | | 2.2 km 70 m 12 C | |
| 1 | Ute Lösch | GER | 43:10 | 0:00 |
| 2 | Louise Porteous | NZL | 55:55 | +12:45 |
| 3 | Patricia Mckenna | NZL | 56:11 | +13:01 |
| 4 | Debbie Dodd | AUS | 1:00:07 | +16:57 |
| 5 | Philippa Lohmeyer-Collins | AUS | 1:06:03 | +22:53 |
| 6 | Sandra Stewart | AUS | 1:10:37 | +27:27 |
| 7 | Jane Cusick | AUS | 1:11:13 | +28:03 |

| Pl | Name | Nat | Time | Diff. |
|-------------------|-------------------|-----|---------------------|-------------|
| W55AS (18) | | | | |
| | | | 2.2 km 70 m | 12 C |
| 8 | Christine Palmer | AUS | 1:14:30 | +31:20 |
| 9 | Jane Watt | AUS | 1:20:45 | +37:35 |
| 10 | Lynette Porter | NZL | 1:26:41 | +43:31 |
| 11 | Ilze Yeates | AUS | 1:28:46 | +45:36 |
| 12 | Jane Calder | AUS | 1:56:13 | +1:13:03 |
| 13 | Stella Bond | NZL | 2:01:04 | +1:17:54 |
| 14 | Cheryl Bluett | AUS | 2:33:31 | +1:50:21 |
| | Ragnhild Schultz | SWE | mp | |
| | Paula Keyes | GBR | dnf | |
| | Jenny Cade | NZL | dns | |
| | Marion Shipman | GBR | dns | |
| W60A (44) | | | | |
| | | | 3.6 km 130 m | 14 C |
| 1 | Siiri Poopuu | EST | 49:38 | 0:00 |
| 2 | Susan Key | AUS | 56:49 | +7:11 |
| 3 | Gillian Ingham | NZL | 59:15 | +9:37 |
| 4 | Jane Rowlands | CAN | 1:00:09 | +10:31 |
| 5 | Tetyana Bozhko | UKR | 1:01:04 | +11:26 |
| 6 | Anne Arold | EST | 1:01:42 | +12:04 |
| 7 | Debbie Davey | AUS | 1:01:51 | +12:13 |
| 8 | Taisiia Vasileva | RUS | 1:02:26 | +12:48 |
| 9 | Ursula Wolf | SUI | 1:05:38 | +16:00 |
| 10 | Vivienne Prince | NZL | 1:06:39 | +17:01 |
| 11 | Marion Owen | CAN | 1:07:32 | +17:54 |
| 12 | Robyn Pallas | AUS | 1:08:33 | +18:55 |
| 13 | Jacqui Sinclair | NZL | 1:08:51 | +19:13 |
| 14 | Lisa Mead | NZL | 1:09:23 | +19:45 |
| 15 | Jannike Wählberg | SWE | 1:09:47 | +20:09 |
| 16 | Annette Orchard | NZL | 1:10:20 | +20:42 |
| 17 | Kirsi Hakomaki | FIN | 1:15:00 | +25:22 |
| 18 | Annie Sanderson | NZL | 1:17:08 | +27:30 |
| 19 | Carol Ramsden | NZL | 1:17:16 | +27:38 |
| 20 | Marje Tobreluts | EST | 1:18:10 | +28:32 |
| 21 | Ulla Engelby | SWE | 1:18:44 | +29:06 |
| 22 | Margi Freemantle | NZL | 1:21:21 | +31:43 |
| 23 | Hilary Wood | AUS | 1:23:05 | +33:27 |
| 24 | Monika Bonafini | SUI | 1:23:10 | +33:32 |
| 25 | Catherine Dawson | GBR | 1:24:13 | +34:35 |
| 26 | Debbie Byers | AUS | 1:25:05 | +35:27 |
| 27 | Bronwyn Holcombe | NZL | 1:28:30 | +38:52 |
| 28 | Robyn Rennie | CAN | 1:30:25 | +40:47 |
| 29 | Liz Bourne | AUS | 1:34:08 | +44:30 |
| 30 | Beverley Holder | NZL | 1:43:17 | +53:39 |
| 31 | Angela Pearson | CAN | 1:44:42 | +55:04 |
| 32 | Jean Payne | GBR | 1:46:46 | +57:08 |
| 33 | Brigitta Plüss | SUI | 1:46:51 | +57:13 |
| 34 | Margaret Wilmott | AUS | 1:47:45 | +58:07 |
| 35 | Yuk Hing Wong | HKG | 1:51:22 | +1:01:44 |
| 36 | Ann Scown | AUS | 1:52:28 | +1:02:50 |
| 37 | Pat Miethke | AUS | 1:53:28 | +1:03:50 |
| 38 | Jan Hardy | AUS | 1:56:04 | +1:06:26 |
| 39 | Natalia Mikhonina | RUS | 2:02:37 | +1:12:59 |
| 40 | Elizabeth Hatley | AUS | 2:29:28 | +1:39:50 |
| 41 | Rhona Fraser | GBR | 2:58:31 | +2:08:53 |

| Pl | Name | Nat | Time | Diff. |
|------------------|----------------------|-----|---------------------|-------------|
| W60A (44) | | | 3.6 km 130 m | 14 C |
| | Josie Boland | NZL | mp | |
| | Christine Franklin | AUS | dnf | |
| | Robyn D'Ascenzo | AUS | dnf | |
| W65A (42) | | | 3.3 km 115 m | 14 C |
| 1 | Lynn Dabbs | AUS | 46:58 | 0:00 |
| 2 | Irina Stepanova | RUS | 53:15 | +6:17 |
| 3 | Anne May | GBR | 1:01:31 | +14:33 |
| 4 | Lynda Rapkins | AUS | 1:02:20 | +15:22 |
| 5 | Jacquie Rand | AUS | 1:03:52 | +16:54 |
| 6 | Linda Kohn | USA | 1:06:28 | +19:30 |
| 7 | Lisbeth Hornell | SWE | 1:09:03 | +22:05 |
| 8 | Christin Lundgren | CAN | 1:13:14 | +26:16 |
| 9 | Margrit Eggli | SUI | 1:13:49 | +26:51 |
| 10 | Liz Godfree | GBR | 1:17:51 | +30:53 |
| 11 | Hille Tasa | EST | 1:18:20 | +31:22 |
| 12 | Teresa Finlay | GBR | 1:19:56 | +32:58 |
| 13 | Hilary Anderson | CAN | 1:22:07 | +35:09 |
| 14 | Joanna Stewart | NZL | 1:23:31 | +36:33 |
| 15 | Ann-Britt Lingfors | SWE | 1:24:29 | +37:31 |
| 16 | Carol Brownlie | AUS | 1:27:19 | +40:21 |
| 17 | Tatyana Shevchenko | RUS | 1:35:10 | +48:12 |
| 18 | Judy Allison | AUS | 1:36:14 | +49:16 |
| 19 | Barbara Foley-Fisher | IRL | 1:36:51 | +49:53 |
| 20 | Mary Moen | NZL | 1:39:08 | +52:10 |
| 21 | Jane Cloete | NZL | 1:41:52 | +54:54 |
| 22 | Judith Karpinski | USA | 1:43:18 | +56:20 |
| 23 | Barbara Tassell | AUS | 1:44:27 | +57:29 |
| 24 | Val Hodsdon | AUS | 1:46:26 | +59:28 |
| 25 | Barbara Junghans | AUS | 1:54:12 | +1:07:14 |
| 26 | Lois West | AUS | 1:54:33 | +1:07:35 |
| 27 | Pamela King | AUS | 1:57:16 | +1:10:18 |
| 28 | Annie Grant | NZL | 2:06:38 | +1:19:40 |
| 29 | Tuulikki Asmundela | FIN | 2:10:23 | +1:23:25 |
| 30 | Kerryne Jones | AUS | 2:12:13 | +1:25:15 |
| 31 | Jenelle Templeton | AUS | 2:17:58 | +1:31:00 |
| 32 | Bronwen Allen | NZL | 2:31:25 | +1:44:27 |
| 33 | Valerie Barker | AUS | 2:38:38 | +1:51:40 |
| 34 | Coral Dow | AUS | 2:59:45 | +2:12:47 |
| | Janet King | AUS | mp | |
| | Bev Shuker | NZL | mp | |
| | Sue Dowling | AUS | mp | |
| | Jenny Teahan | NZL | dnf | |
| | Jennifer Binns | AUS | dnf | |
| | Marischon Hudson | AUS | dnf | |
| | Birgit Olsen | DEN | dns | |
| | Dorothy Kane | NZL | dns | |
| W70A (32) | | | 2.6 km 90 m | 12 C |
| 1 | Sharon Crawford | USA | 35:05 | 0:00 |
| 2 | Jill Dalton | NZL | 38:28 | +3:23 |
| 3 | Jenny Hawkins | AUS | 44:28 | +9:23 |
| 4 | Margaret Ellis | CAN | 45:44 | +10:39 |

| Pl | Name | Nat | Time | Diff. |
|-----------------------------------|-------------------|-----|---------|----------|
| W70A (32) 2.6 km 90 m 12 C | | | | |
| 5 | Jean O'Neill | IRL | 46:43 | +11:38 |
| 6 | Judi Herkes | AUS | 50:28 | +15:23 |
| 7 | Royce Mills | NZL | 50:37 | +15:32 |
| 8 | Kathy Liley | AUS | 52:57 | +17:52 |
| 9 | Galina Vershinina | RUS | 54:24 | +19:19 |
| 10 | Kate Fortune | NZL | 54:52 | +19:47 |
| 11 | Lorri O'Brien | NZL | 1:02:09 | +27:04 |
| 12 | Ann Baylis | AUS | 1:03:33 | +28:28 |
| 13 | Janet Bush | AUS | 1:10:06 | +35:01 |
| 14 | Penny Dufty | AUS | 1:10:13 | +35:08 |
| 15 | Ruth Rhodes | GBR | 1:12:21 | +37:16 |
| 16 | Valerie Brammall | AUS | 1:13:32 | +38:27 |
| 17 | Helen Bolt | NZL | 1:19:22 | +44:17 |
| 18 | Rosemary Kullmann | AUS | 1:21:32 | +46:27 |
| 19 | Ruth Goddard | AUS | 1:21:41 | +46:36 |
| 20 | Ruth Hansen | DEN | 1:22:42 | +47:37 |
| 21 | Rae Powell | NZL | 1:24:02 | +48:57 |
| 22 | Glen Middleton | NZL | 1:24:18 | +49:13 |
| 23 | Ann Sutton | AUS | 1:27:39 | +52:34 |
| 24 | Janet Fletcher | AUS | 1:34:16 | +59:11 |
| 25 | Helena Griggs | AUS | 1:40:28 | +1:05:23 |
| 26 | Libby Meeking | AUS | 1:47:38 | +1:12:33 |
| 27 | Janice Little | NZL | 2:06:14 | +1:31:09 |
| 28 | Marilyn Edmunds | CAN | 2:23:21 | +1:48:16 |
| 29 | Sandra Hogg | AUS | 2:24:41 | +1:49:36 |
| | Bryony Cox | AUS | mp | |
| | Frances Vyse | CAN | dnf | |
| | Patricia Aspin | NZL | dns | |

| W75A (11) 2.2 km 70 m 12 C | | | | |
|-----------------------------------|-------------------|-----|---------|----------|
| 1 | Liudmila Labutina | RUS | 35:13 | 0:00 |
| 2 | Ann Ingwersen | AUS | 43:10 | +7:57 |
| 3 | Valentina Zhukova | RUS | 47:29 | +12:16 |
| 4 | Dale Ann Gordon | AUS | 48:40 | +13:27 |
| 5 | Valerie Robinson | NZL | 1:06:29 | +31:16 |
| 6 | Hilary Pearson | FRA | 1:06:56 | +31:43 |
| 7 | Diana Hocking | CAN | 1:18:09 | +42:56 |
| 8 | Yett Gelderman | NZL | 1:18:51 | +43:38 |
| 9 | Helen Alexander | AUS | 1:22:09 | +46:56 |
| 10 | Janet Tarr | AUS | 1:37:20 | +1:02:07 |
| | Riitta Koponen | FIN | dnf | |

| W80A (7) 2.2 km 70 m 12 C | | | | |
|----------------------------------|-----------------------|-----|---------|--------|
| 1 | Maureen Ogilvie | AUS | 1:17:10 | 0:00 |
| 2 | Ann Scott | NZL | 1:33:02 | +15:52 |
| 3 | Bunny Rathbone | NZL | 1:39:37 | +22:27 |
| 4 | Brigitte Schmiedeberg | GER | 1:41:08 | +23:58 |
| 5 | Nesta Leduc | CAN | 2:08:48 | +51:38 |
| | Ursula Oxburgh | GBR | mp | |
| | Judy Martin | NZL | dnf | |

| Pl | Name | Nat | Time | Diff. |
|-----------------|-----------|-----|--------------------|-------------|
| W85A (1) | | | 2.2 km 70 m | 12 C |
| | Sue Healy | AUS | dns | |